



What's happening at MARIE GREY & ASSOCIATES

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*A man who ran the entire length of the Great Wall of China
— meet this dynamic speaker ...*

BRAAM MALHERBE!



Along with his running partner, David Grier, Braam Malherbe became the first person to run the entire length of the Great Wall of China on the 15th of December 2006. His run broke several endurance records - 94 days of running a full marathon per day - in addition to being a world first!

As well as an endurance athlete, environmentalist and humanitarian (specifically youth development), Braam is an energetic and accomplished speaker – with a story not to be missed!

Braam's epic journey across the Gobi Desert, into the mountains of north China, and down to the Yellow Sea, was also a vehicle for raising money for Operation Smile.

This charity facilitates reconstructive surgery for impoverished children born with facial deformities, such as cleft palates.

Braam's challenge has facilitated a great deal of coverage on radio (Kfm Breakfast, Lisa Chait's shows on 702 and several Radio 5 shows), in newspapers (The Weekend Argus), magazines (Men's Health, Runner's World etc) and on television (news and magazine programs on SABC and e-tv). He is in the process of completing his book and documentary. Braam's book will focus on his experience from a motivational and personal development point of view.

Braam and David are already developing the 2007 epic endurance challenge, which will be held in Africa and include endurance athletes from around the world, in addition to raising funds again under the Miles for Smiles banner.

This is set to become an annual event that pits humans against the elements - again, they are

in negotiation with film producers for television rights as this race has broad appeal. Imagine a Survivor-style reality show meets National Geographic-style adventure meets Camel Trophy credibility!

Key issues addressed:

- Perseverance
- Commitment
- Vision
- Strategy
- Positive attitude
- Communication
- Teamwork



To book this exciting Speaker call us today!

Did you realize that to run the entire length of the Great Wall of China, Braam Malherbe had to run a marathon every day for 94 days? That in total he ran 5000 km? If you didn't, then it's time to learn more about...

THE GREAT WALL OF CHINA

The Great Wall is reputed to be one of the seven construction wonders in the world not only for its long history, but its massive construction size, and its unique architectural style as well.

The construction of the Great Wall began between the 7th and 8th centuries B.C. when the warring states built defensive walls to ward off enemies from the north. It was only a regional project then. Until the Qin Dynasty, the separate walls were joined together and consequently it stretched from east to west for about 5 000 kilometres and served to keep nomadic tribes out. The Wall was further extended and strengthened in the succeeding dynasties, especially during the Ming dynasty when the northern nomadic ethnic groups became very powerful (with a total of 18 renovations). As a result, not the remains from the Qin dynasty were restored, but some 1 000 kilometres were constructed to a full length of 6 700 kilometres.

The Great Wall we see today is mostly from the Ming dynasty. With an average height of 10 meters and a width of 5 meters, the wall runs up and down along the mountain ridges and valleys from east to west. It stands as a testament to the rich Chinese history, culture and development.



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